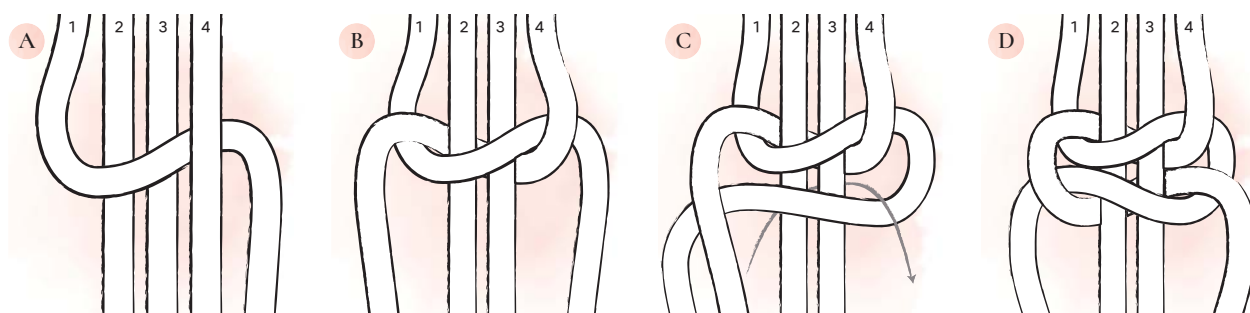


SQUARE KNOT (LEFT FACING)

The basic square knot is worked over four hanging cords with the working cords on the outside. It's a two-step tying process and the second step mirrors the first. For a square knot with a loop on the left-hand side, start with the left-hand cord.

1. Take the left-hand cord, cord 1, and place across cords 2, 3 and 4 at a right angle, then take cord 4 and place it over cord 1 (A). Leaving cord 1 in place, move cord 4 behind cords 2 and 3, pulling its tail through the space between cords 1 and 2. Pull on cords 1 and 4 to complete a half knot (B).
2. Mirroring step 1, take the right-hand cord, cord 1, across the other cords. Take the left-hand cord, cord 4, and place it over cord 1 (C). Leaving cord 1 in place, move cord 4 behind cords 2 and 3, pulling it through the space at the bottom of the loop to create a half knot facing in the opposite direction.
3. Pull on the working cords, cords 1 and 4, and the bottom half knot will secure below the first to complete the square knot (D).



SQUARE KNOT (RIGHT FACING)

Right facing square knots have a loop on the right-hand side, and you will start the two-step mirrored tying action with the cord on the right-hand side. If left-hand dominant you may find this version of the square knot a more natural fit.

1. Take the right-hand cord, cord 4, and place across cords 3, 2 and 1 at a right angle, then take cord 1 and place it over cord 4 (A). Leaving cord 4 in place, move cord 1 behind cords 2 and 3, pulling its tail through the space between cords 3 and 4. Pull on cords 1 and 4 to complete a half knot (B).
2. Mirroring step 1, take the left-hand cord, cord 4, across the other cords. Take the right-hand cord, cord 1, and place it over cord 4 (C). Leaving cord 4 in place, move cord 1 behind cords 3 and 2, pulling it through the space at the bottom of the loop to create a half knot facing in the opposite direction.
3. Pull on the working cords, cords 1 and 4, and the bottom half knot will secure below the first to complete the square knot (D).

