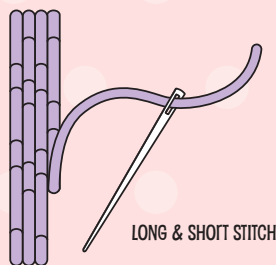


STITCH GUIDE

There are only a few stitches needed to embroider the patterns in this book. While not every design includes every stitch, each has a specific purpose and will add varying textures to help your embroidery come to life!



LONG & SHORT STITCH AND BRICK STITCH

To fill large areas, I combine Long & Short Stitch and Brick Stitch as it's the most forgiving way to seamlessly fill large areas – great for beginners!

Long & Short Stitch: As well as filling large areas with colour, this stitch also helps to blend colours into each other. It is sometimes used for detail, but the main variation of Long & Short Stitch used is alternating stitch lengths.

Brick Stitch: Stack rows of stitches so that each one ends in the middle of the one above. Brick Stitch usually involves stitches that are all the same length, but combining it with Long & Short Stitch means you no longer have to worry about getting the length of your stitches the same every time. Simply “eyeballing” will do the trick!

The technique for both is simple:

1. Pull the needle up through the fabric then back down to create a single stitch (see Straight Stitch). Whether it's long or short is up to you. Continue to alternate stitch lengths and follow your line to complete the first row.
2. As you begin stitching the second row, offset your stitches in a brick pattern. Repeat these steps until you've filled the desired section.

